

Autumn/Winter Menu Week one

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------|--|---|---|--|---|
| Breakfast | Cereals, toast, milk, juice and water | Cereals, toast, milk, juice and water | Cereals, toast, milk, juice and water | Cereals, toast, milk, juice and water | Cereals, toast, milk, juice and water |
| Snacks | Fruit and biscuit with milk, juice and water | Fruit and biscuit with milk, juice and water. | Fruit and biscuit with milk, juice and water | Fruit and biscuit with milk, juice and water | Fruit and biscuit with milk, juice and water |
| Lunch | Fish fingers, Mash potato and mushy peas Chocolate cake | Sweet and sour chicken, rice and prawn crackers Strawberry pie | Savoury mince with mash potato and green beans Apple sponge cake and custard | Meatballs in a vegetable sauce with pasta Manchester tart | Cheesy vegetable pie with Carrots Rice pudding |
| Snacks | Fruit and biscuits with milk, juice and water | Fruit and biscuits with milk, juice and water | Fruit and biscuits with milk, juice and water | Fruit and biscuits with milk, juice and water | Fruit and biscuits with milk, juice and water |
| Light tea | Ham, lemon curd and Cucumber sandwiches | Ravoli | Chicken, Cheese spread and Jam sandwiches | crumpets | Egg mayo, Grated cheese and Ham Sandwiches |

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|------------------|---|---|--|---|--|
| Breakfast | Cereals, toast, milk, juice and water | Cereals, toast, milk, juice and water | Cereals, toast, milk, juice and water | Cereals, toast, milk, juice and water | Cereals, toast, milk, juice and water |
| Snacks | Fruit and biscuit with milk, juice and water | Fruit and biscuit with milk, juice and water. | Fruit and biscuit with milk, juice and water | Fruit and biscuit with milk, juice and water | Fruit and biscuit with milk, juice and water |
| Lunch | Tuna pasta bake Victoria sponge cake | Roast chicken dinner with stuffing, Yorkshire puddings and vegetables Yoghurts | Sausage Casserole with rice with green beans Semolina | Pasta bolognaise and salad Banana loaf | Cheese and onion potato bake with spaghetti Apple crumble |
| Snacks | Fruit and biscuits with milk, juice and water | Fruit and biscuits with milk, juice and water | Fruit and biscuits with milk, juice and water | Fruit and biscuits with milk, juice and water | Fruit and biscuits with milk, juice and water |
| Light tea | Pizza | Tuna mayo, Ham and jam sandwiches | Chicken dipper sauce and veg sticks | Lemon curd, Cheese spread and cucumber Sandwiches | Waffles and grated cheese |

Autumn/Winter Menu Week Three

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------|---|---|---|---|---|
| Breakfast | Cereals, toast, milk, juice and water | Cereals, toast, milk, juice and water | Cereals, toast, milk, juice and water | Cereals, toast, milk, juice and water | Cereals, toast, milk, juice and water |
| Snacks | Fruit and biscuit with milk, juice and water | Fruit and biscuit with milk, juice and water. | Fruit and biscuit with milk, juice and water | Fruit and biscuit with milk, juice and water | Fruit and biscuit with milk, juice and water |
| Lunch | Fish pie, with peas and sweetcorn | Chicken and leek pasta bake | Pork and apple casserole with mash potato | Beef chilli with rice and cheesy naan bread | Cheese and tomato pasta bake |
| | Bake well tarts | Banana Angle delight and shortbread Stars | Carrot cake | Butterscotch tart | Jelly and custard |
| Snacks | Fruit and biscuits with milk, juice and water | Fruit and biscuits with milk, juice and water | Fruit and biscuits with milk, juice and water | Fruit and biscuits with milk, juice and water | Fruit and biscuits with milk, juice and water |
| Light tea | Egg mayo, Jam and grated cheese sandwiches | Spaghetti hoop | Chicken, Tuna mayo and Cucumber sandwiches | Soup | Ham, Cheese spread and lemon curd Sandwiches |

Autumn/Winter Menu Week Four

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------|---|---|---|--|--|
| Breakfast | Cereals, toast, milk, juice and water | Cereals, toast, milk, juice and water | Cereals, toast, milk, juice and water | Cereals, toast, milk, juice and water | Cereals, toast, milk, juice and water |
| Snacks | Fruit and biscuit with milk, juice and water | Fruit and biscuit with milk, juice and water. | Fruit and biscuit with milk, juice and water | Fruit and biscuit with milk, juice and water | Fruit and biscuit with milk, juice and water |
| Lunch | Fish cakes, mash potato and peas Strudle and custard | Chicken curry and rice Lemon sponge cake | Mince beef and onion pie with green beans Yoghurts | Cowboy pie and sweetcorn Cornflake tart | Macaroni cheese with broccoli Chocolate brownie |
| Snacks | Fruit and biscuits with milk, juice and water | Fruit and biscuits with milk, juice and water | Fruit and biscuits with milk, juice and water | Fruit and biscuits with milk, juice and water | Fruit and biscuits with milk, juice and water |
| Light tea | teacakes | Ham, cucumber and tuna mayo sandwiches | Spaghetti with bread and butter | Grated cheese, chicken and Jam sandwiches | Pizza |